

# Camping Checklist

## SHELTER AND SLEEPING GEAR

- Tent
- Ground tarp or footprint
- Sleeping bags
- Sleeping pads or air mattresses
- Pillows
- Sunshade/canopy

## CLOTHING AND PERSONAL TMS

- Weather-appropriate clothing
- Rain gear
- Extra socks and underwear
- Hat and gloves
- Sunglasses and sunscreen
- Insect repellent
- Toiletries (toothbrush, toothpaste, soap, etc.)
- First-aid kit
- Toilet paper, paper towels, and wet wipes
- Extra shoes beyond hiking/outdoor shoes.

## COOKING AND FOOD SUPPLIES

- Portable stove and fuel
- Cookware (pots, pans, utensils)
- Lighter or waterproof matches
- Food and snacks
- Cooler and ice packs
- Water containers and water purification methods
- Can opener, bottle opener, corkscrew
- Dish soap and sponge to clean dishes

## NAVIGATION AND SAFETY

- Map and compass or GPS
- Headlamp or flashlight with extra batteries
- Multi-tool or camping knife
- Whistle and signaling devices
- Emergency shelter (space blanket)

## CAMPSITE SETUP

- Camp chairs or portable seating
- Camping table
- Rope and clothesline
- Trash bags and/or disposal plan
- Lighting

## RECREATION AND ENTERTAINMENT

- Books or magazines
- Playing cards or board games
- Binoculars or other outdoor gear
- Camera or smartphone for photos
- Portable phone charger and/or solar charger
- Campsite decorations (string lights, table cloths for picnic tables, etc.)

## MISCELLANEOUS

- Cash and ID
- Permits and reservations
- Campsite and trail maps
- Notepad and pen

# Hiking Essentials

## ESSENCIALS

- Appropriate Footwear: Comfortable and sturdy hiking boots or shoes.
- Navigation Tools: A map, compass, or GPS device.
- Weather-Appropriate Clothing: Layers for varying weather conditions, including a moisture-wicking base layer, insulating mid-layer, and a waterproof outer layer.
- Backpack: To carry your essentials.
- Water: Sufficient water to stay hydrated.
- Food: Snacks or a packed meal for energy.
- First Aid Kit: Bandages, pain relievers, blister treatments, and essential medical supplies.
- Sun Protection: Sunscreen, sunglasses, and a hat.
- Multi-tool or Knife: For various purposes.
- Fire-Making Tools: Matches, a lighter, or a firestarter.
- Headlamp/Flashlight: With extra batteries.
- Emergency Whistle: To signal for help.
- Shelter: A lightweight emergency blanket or tarp.
- Communication: A fully charged cell phone or a two-way radio.
- Insect Repellent: If hiking in bug-prone areas.
- Personal Identification: ID and emergency contact information.
- Trash Bag: To pack out trash and minimize impact.
- Hiking Poles: Optional for added stability.
- Camera or Binoculars: For capturing memories or wildlife watching.
- Permits/Passes: If required for the trail or park.